

To Ponder:

Overflowing with Goodness

By *Syndie Eardly*

“The true teacher brings his own iris of beauty to you without proselytizing, without thrusting things at you. He makes you remind yourself of the deep blue sky and the fluttering gold of autumn, or the thrill of fern fronds and the sweet stirring earth of spring. A man like that who stimulates living is his own sermon.”

-With Folded Wings by Stewart Edward White

We have all heard the saying that children learn from what their parents ARE not from what they SAY. No matter what words come out of a person’s mouth, we respond to WHO they are. We have a sense if someone is genuine or artificial; if they are present to us, or living in the distracted world of their thoughts.

We cannot give the world what we are not. And no one is empowered to give us what we cannot recognize in ourselves, whether that is peace or happiness or security. We however, are empowered to recognize the love and generosity we are capable of and nourish those aspects of ourselves so they can flow out into the world around us. And so...

Be the peace you want to *see* in the world.

Be the harmony you want to *sense* in the world.

Be the love you want to *feel* in the world.

Be the happiness you want to *experience* in the world.

Be the abundance you want to *recognize* in the world.

In all these things, cultivate them in yourself first and then watch with delight as they overflow like liquid sunshine onto everyone who comes into your space.

Reading:

Prayer of Mother Teresa

Dear Jesus, help us to spread your fragrance everywhere we go.
Flood our souls with your spirit and life.
Penetrate and possess our whole being so utterly that our lives may only be a radiance of yours.

Shine through us and be so in us
that every soul we come in contact with
may feel your presence in our soul.
Let them look up and see no longer us, but only Jesus.

Stay with us and then we shall begin to shine as you shine,
so to shine as to be light to others.
The light, O Jesus, will be all from you.
None of it will be ours.
It will be you shining on others through us.

Let us thus praise you in the way you love best
by shining on those around us.
Let us preach you without preaching,
not by words, but by our example;
by the catching force -
the sympathetic influence of what we do,
the evident fullness of the love our hearts bear to you.

Amen.

Sharing...

a word...

a phrase...

a reflection...

Song

Love Flows On by Oliver Shanti

Love flows on like a silent song in
my heart, in my heart
Love flows on like a silent song in
my heart, in my heart

Love comes true linking me with
you
In our hearts, in our hearts
Love comes true, linking me with
you
In our hearts, in our hearts

Love joins all creatures great and
small
In one heart, in one heart
Love joins all creatures great and
small
In one heart, in one heart

Love flows free, rivers to the sea
In God's heart, in God's heart
Love flows free, rivers to the sea
In God's heart, in God's heart

Love flows on like a silent song
in my heart, in my heart
Love flows on like a silent song
in my heart, in my heart

Love flows free, rivers to the sea
In God's heart, in God's heart
Love flows free, rivers to the sea
In God's heart, in God's heart

Thank You For Joining Us!

Your Prayer Leader

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We can only give what exists in us in abundance



Centering Space

A ministry of prayer.

Our prayer is characterized by silence

Be still and know that I am God!

In that silence we listen for a new word.

God is present in all our lives.

God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.