

The Song and the Silence Marty Haugen

E Ho mai / ka 'ike mai / luna mai e
The Source / of knowledge / from above

O na mea huna / no'ea / o na mele e
Of the hidden things, / of wisdom / of the songs

E Ho mai / E Ho mai / E Ho mai
the Creator / the Source / the Spirit

Veni, veni Sancte Spiritus.
Come, come, Holy Spirit

Spirit of God, open our hearts
to your song and your silence,
darkness and light.

You are the way, the gate of salvation.
You are the doorway of wisdom and peace.
You are the song that fills all creation.
You are the music that dwells in our hearts.

Come, O come, great Spirit of compassion.
Come, and turn our hearts to you
Come, and make us Christ to one another
humble servants of peace and joy.

Spirit of all kindness, Spirit ever merciful,
Spirit of compassion, grace us with love.

Thank You For Joining Us!

Prayer Leader:

Cheryl Keehner, CSA
September 13, 2016

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Love is the Great Transformer



Photo by J.J. Prekop, Jr.



Our prayer is characterized
by silence

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

To Ponder: [Alan Lokos Pocket Peace](#)

Looking directly at the ever-changing nature of all things is not necessarily easy, but until one fully accepts the reality of impermanence, including the impermanent nature of one's self, and can find some degree of comfort with its certainty, one cannot be truly free. I'm not at all certain that we've been offered much in the way of support from our Western religions. If we had, we might not experience such fear of aging and death. We might not support the enormous industries that attempt to convince us of the appeal of looking young as they bombard us with questionable products that hydrate our well-earned wrinkles and dehydrate our hard-earned funds. We might not so casually discard one of our greatest potential reservoirs of wisdom—our senior citizens. We might be more comfortable with silence, and more peaceful even as our fears and concerns arise. We might experience greater joy and appreciation for who we are and what we have. We might be better able to accept that along with the wondrous delights of life there are sorrows as well. We might be better able to maintain a sense of equanimity as we navigate the ocean of life—an ocean that comprises ten thousand joys and ten thousand sorrows.



The Word: from Psalm 119 by Nan C. Merrill

Your love, Faithful One,
is the life-giving force of Creation!
Fill us with your living rays of Love.

As we surrender ourselves to your living Presence,
we are filled with the radiance of Love
As we open our hearts to the spiritual life,
we are filled with wisdom, freedom and joy.

Love is the great transformer,
burning away false ways of the past,
And filling the heart with Light.

When we meditate upon your Light,
our hearts open with compassion for all life.
Then we do not judge others,
rather, we radiate love and healing to the world.
As we develop the capacity to bless others,
we lighten the fears in the world.

Sharing...

a word...

a phrase...

a reflection...

