

Renew · Refresh · Refocus

Reflective Prayer

Tuesday evening 7 pm

Wednesday afternoon 1:30 pm

Wednesday evening 7 pm



By Carol Kandiko, CSA

In the beginning when Centering Space was being formed, the four founders (Sisters Mary Ann Andrews, Mary Jean Eucker, Carol Kandiko, and Mrs. Nancy Rowell) contemplated how to ground and share the spirituality that they envisioned being at the heart of their new Ministry of Discernment. We determined to have the prayer last one hour and include a theme, a reading from a spiritual source, a song, Scripture, and most important, about a half hour of silence. For over fourteen years this format has been our grounding. We began on Tuesday evenings and over time have added Wednesday evenings and afternoons. Those who have shared this simple time of stillness and presence have found themselves renewed and refreshed and refocused as our tag line says. So many beautiful memories! And the communion of saints is alive and well on earth as it is in heaven. You are warmly invited to come and see if your spirit is looking for an opportunity like this.



A Lived Experience of Loving Connection

By Anne Butts

Having returned to the Cleveland area after a 15 year absence, my husband and I were hoping to reconnect with our former parish. We did so and also found a Centering Space brochure that seemed interesting. We attended our first contemplative prayer gathering on a Wednesday afternoon. I was struck by the welcoming atmosphere. We were greeted warmly and joined other attendees seated in a circle around a candle and vase of flowers. Names were given by all along with an explanation of the prayer practice that has become a weekly quiet, thoughtful, gentle invitation. I find the readings from sacred oriented texts to be reflectively rich and the quiet contemplative time soothing. By focusing on just a word or phrase from selected readings I open to the beckoning of God. The group gathers from many faith traditions and with a common desire to seek God. The tone is very informal and accepting. In the midst of busy lives and religious exclusion, this group mirrors my hope for a lived experience of loving connection.

Upcoming Programs

Jan. 1 – Peace and Pancakes

Jan. 12 – Dances of Universal Peace

Jan. 14 – The Opioid Crisis - Deliberate!

Jan. 20 – Inviting the Spirit of Winter

Jan. 20 – Drum Circle

Jan. 27 – A Colorful Contemplative Practice

Feb. 9 – Dances of Universal Peace

Feb. 10 – A Conversation on Forgiveness

Feb. 11 – The Challenge of Diversity - TED Talks

Feb. 15 – Hints of Spring, Inside and Out - Circle of Trust

Feb. 17 – Drum Circle

Feb. 19 – Reflections Evenings in Lent - Series begins

Feb. 21 – Lenten Bible Study Series begins: “The Man from Ur”

Need a spiritual getaway?

Centering Space is available for individuals and groups to book retreats, spiritual direction and days of reflection. Whether it is for one day or a full week, come and enjoy the peace and beauty of our contemplative space.

To learn more, call Carol or Betsy at 216.228.7451.

Program Listing



JANUARY

MON. JAN. 1 - 11 AM - 1 PM

Peace and Pancakes

Sponsored by Hope House

An hour of meditation spent walking, sitting, and dancing followed by community breakfast.

Registration by 12/28 | Donation

SUN. JAN. 14 | 1 - 3 PM

The Opioid Crisis

A Deliberate! Discussion

Moderated by Mike Reiling, MEd

To participate either download the booklet from National Issues Forums at www.nifi.org or obtain a summary of the choices handout at Centering Space.

Registration by 1/11 | Donation

SAT. JAN 20 | 9:30 AM - 12:30 PM

Inviting the Spirit of Winter Welcoming the Gifts of January Landscapes

Led by Tony Vento

Using the Circle of Trust techniques developed by Parker Palmer, participants are invited to venture past the slushy edges of their lives into the center of some more solid dimension of selfhood.

Registration by 1/17 | \$25

SAT. JAN 27 | 9:30 AM - 12:00 PM

A Colorful Contemplative Practice: Praying with Mandalas

Led by Rev. Sharon Seyfarth Garner

Time for rest relaxation, silence, prayer, creativity and coloring. Praying with Mandalas is a refreshing new method of prayer that weaves together the contemporary interest in coloring with classic Christian spiritual practices

Registration by 1/24 | \$25

FEBRUARY

SAT. FEB. 10 | 9:30 AM - 12 PM

A Conversation about Forgiveness

Spirituality and the End of Life

Led by Patrick Gibbons, PhD

Explore what forgiveness is, as well as what it is not, what forgiveness involves at the end of life and what its effects are on the individual.

Registration by 2/7 | \$15

SUN. FEB. 11 | 1 - 3 PM

The Challenge of Diversity A TED Talk Discussion

Moderated by Carol Kandiko, CSA

Our discussion will be focused on Elif Shafak:

The Evolutionary Power of Diverse Thought

Wade Davis:

Dreams from Endangered Cultures

Registration by 1/8 | Donation

THU. FEB. 15 | 7:00 - 8:30 PM

Hints of Spring: Inside and Out A Circle of Trust

Led by Tony Vento

A communal experience of peace and trust founded by Parker Palmer. Come at 6:30 for a simple meal and introduction.

Registration by 2/12 | Donation

MON. FEB. 19 | 7 - 9 PM

Reflection Evenings in Lent From the Living Gospel

Led each Monday by one of our Prayer Leaders

These silent evenings of prayer and reflection will be based on Ann M. Garrido's *Daily Devotions*. You are welcome to come to as many as you can.

Registration by 2/16 | Donation

WED. FEB. 21 | 11 AM - 12:30 PM

Lenten Bible Study Series

Led by Pastor Dennis Stylski

This series will continue for the next four Wednesdays of Lent. Bring a Bible and join us in this Old Testament Study on "The Man from Ur" and his Son... and Grandsons: "Hairy" and "Grabby."

Registration by 2/18 | Donation

Weekly Circles

Reflective Prayer

An hour of inspiration, silence reflection and sharing.

- Tues. evening 7 - 8 PM
- Wed. afternoon 1:30 - 2:30 PM
- Wed. evening 7 - 8 PM

Monthly Circles

Dances of Universal Peace

Drawing on sacred traditions, the dances blend chant, music and simple movement.

Second Friday 7 - 8 PM

Intentional Drumming

Our intention in drumming is to create community and peace.

Third Saturday 3 - 4:30 PM

REGISTRATION: To register for a program, please call 216.228.7451 or visit www.centeringspace.org. Some programs have a set fee, but we readily accommodate anyone with limited income. No one is turned away because of an inability to pay.

14812 Lake Ave. | Lakewood
www.centeringspace.org
216.228.7451