Lean on Me Bill Withers

Sometimes in our lives
We all have pain, we all have sorrow.
But if we're wise,
we know that there's always tomorrow.

Lean on me when you're not strong
I'll be your friend, I'll help you carry on
For it won't be long
'til I'm gonna need somebody to lean on.

Please swallow your pride
If I have things you need to borrow
For no one can fill your needs
That you won't show.

You just call on me, brother, when you need a hand We all need somebody to lean on.

I just might have a problem that you'll understand,
We all need somebody to lean on.

Lean on me when you're not strong...(refrain)

You just call on me, brother, when you need a hand We all need somebody to lean on. I just might have a problem that you'll understand, We all need somebody to lean on.

If there is a load you have to bear
That you can't carry
I'm right up the road, I'll share your load
If you just call me.

Call me if you need a friend......
Call me, call me...

Prayer Leader:

Cheryl Keehner, CSA 7 / 3 / 2018

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The sacred beat of life





Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence we share from our hearts.

Renew · Refresh · Refocus

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To Ponder:

Justice will not be served until those who are unaffected are as outraged as those who are affected.

Benjamin Franklin

A commitment to justice does not begin with abstract concepts, as important as these might be, but with attention to the concrete experiences of social suffering. We take the first step in the direction of justice by intentionally shifting our attention from ourselves and by focusing on the daily experience of those who suffer injustice. It begins with effort to place ourselves in the shoes of the other, especially those in extreme poverty or who are enduring painful forms of social exclusion. A true concern for justice never begins with definitions, but with real faces of injustice. Without this kind of direct contact with everyday suffering, without sustained attention to the real horizons of pain, justice will never become something a person truly cares about, something that constitutes a real priority, something to which one is willing to make a commitment.

John Neafsey: A Sacred Voice is Calling



Reading: John Philip Newell in Friends of Silence May, 2018

Do we know - each one of us that we are bearers of the sacred beat of life? Do we know that we can honor that beat in one another and in all things?

And do we know that it is the combination of knowing we are the bearers of Presence, and choosing to honor Presence in one another that holds the key to transformation in our lives and in the world.



Sharing...

a word...

a phrase...

a reflection...