

## Song

### Thankful by Josh Groban

Somedays, we forget to look  
around us,  
Somedays, we can't see the joy that  
surrounds us,  
So caught up inside ourselves,  
We take when we should give.

So for tonight, we pray for,  
What we know can be,  
And on this day we hope for,  
What we still can't see.  
It's up to us, to be the change,  
And even though we all  
can still do more,  
There's so much to be thankful for.

Look beyond ourselves,  
There's so much sorrow,  
It's way too late to say,  
I'll cry tomorrow  
Each of us must find our truth,  
It's so long overdue.

So for tonight, we pray for,  
What we know can be,  
And everyday, we hope for,  
What we still can't see,  
It's up to us, to be the change,  
And even though we all  
can still do more,  
There's so much to be thankful for.

Even with our differences,  
There is a place we're all  
connected,  
Each of us can find each others  
light,

So for tonight, we pray for  
What we know can be,  
And on this day, we hope for,  
What we still can't see,  
It's up to us, to be the change,  
And even though this world needs  
so much more  
There's so much to be thankful for.

**Prayer Leader:**

**Syndie Eardly**

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The good news is ...  
**You Are Alive!**



Our prayer is characterized by silence ~

**Be still and know that I am God!**

In that silence we listen for a new word.  
God is present in all our lives.  
God cares for us, and  
our life experiences are a source  
of deepening knowledge of God and self.

Inspired by God's Word in the silence  
we share from our hearts.

**Renew · Refresh · Refocus**

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## *To Ponder*

### **The Good News**

*By Thich Nhat Hanh*

The good news they do not print.  
The good news we do print.  
We have a special edition every moment,  
and we need you to read it.

The good news is that you are alive,  
that the linden tree is still there,  
standing firm in the harsh winter.  
The good news is that you have wonderful eyes  
to touch the blue sky.  
The good news is that your child is there before you,  
and your arms are available:  
hugging is possible.

They only print what is wrong.

Look at each of our special editions.  
We always offer the things that are not wrong.  
We want you to benefit from them  
and help protect them.  
The dandelion is there by the sidewalk,  
smiling its wondrous smile,  
singing the song of eternity.  
Listen. You have ears that can hear it.  
Bow your head.  
Listen to it.  
Leave behind the world of sorrow,  
of preoccupation,  
and get free.

The latest good news is that you can do it.

## *Reading*

### **Just Be**

*By Syndie Eardly*

Don't do.  
Just BE!  
Be grateful, complimentary, appreciative.

Don't fix.  
Just BE!  
Be aware, listening, compassionate.

Don't resist.  
Just BE!  
Be open, curious, thoughtful

Don't resent.  
Just BE!  
Be accepting, welcoming, surrendering.

Flow with what is in front of you.  
Pay attention to what you are called to be in every moment.  
Weave it all into your experience with gratitude.

### **Sharing...**

**a word...**

**a phrase...**

**a reflection...**