

## Dona Nobis Pacem

Marty Haugen,  
The Song and the Silence album

Dona nobis pacem.  
Dona nobis pacem.

Peace be yours when dawn is breaking.  
Peace be yours when shadows fall.  
May your restless heart be cradled  
In the One who holds us all.

Peace when storms surround and shake you  
Peace through wind and rain and hail;  
Know that God will not forsake you  
Though your heart and spirit fail.

Peace be yours through pain and sadness,  
Peace when hope seems at an end:  
May the God of joy and gladness  
Ever be your guide and friend.

God's own peace be ever with you.  
May your spirit dwell in light  
Till the day beyond tomorrow,  
Till the dawn beyond all night.

Prayer Leader:

Cheryl Keehner, CSA  
11/27/2018

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## Listening to the Silence



Photo by Kevin Lanterman, Summit Metroparks



Our prayer is characterized by silence ~  
**Be still and know that I am God!**

In that silence we listen for a new word.  
God is present in all our lives.  
God cares for us, and  
our life experiences are a source  
of deepening knowledge of God and self.

Inspired by God's Word in the silence  
we share from our hearts.

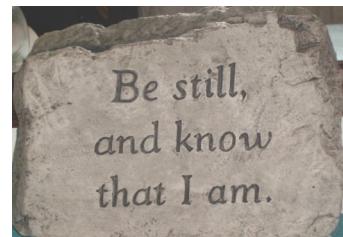
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**To Ponder:** Karen Armstrong,  
The Spiral Staircase  
(Friends of Silence newsletter,  
November 2018)

At first silence seemed a deprivation,  
a symbol of an unwanted isolation.  
I had resented the solitude of my life  
and fought it.  
But gradually  
the enveloping quiet became a positive element,  
almost a presence,  
which settled comfortably  
and caressingly around me like a soft shawl.  
It seemed to hum,  
gently but melodiously,  
and to orchestrate some ideas  
that I was contending with,  
until they started to sing too,  
to vibrate and reveal an unexpected resonance.  
After a time  
I found that I could almost listen to the silence,  
which had a dimension of its own;...  
I discovered that I felt at home  
and alive in the silence.  
Silence itself had become my teacher.



**Reading:** from our weekly prayer bulletin

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**Sharing...**  
**a word...**  
**a phrase...**  
**a reflection...**