

Starlight by Heather Pierson

A single star thrown out into space
Offering what little light you have
Over millions of miles for millions of years
And you could be gone now
But your light still shines on your behalf

Sparkling like water in a stream
A beam of light so delicate and so long
I can only hope to be like you
And keep on shining long after I am gone

I'm amazed you were here
And still I can see you so clearly
Your light is so bright
That it shines right through this winter night
I can't be afraid of the dark of night
As long as there is starlight

We are single souls thrown out into space
Offering up our little light while we can
Our time is so brief, in a little while we'll all be gone
So let your light shine now
For every woman, child, and man

And the fact that you're here
And I can see you so clearly
It's nothing short of a miracle
It's something so rare and beautiful
We can't be afraid of the coming night
No we can't be afraid to shine our light
No we can't be afraid to live our lives
As long as there is starlight

Prayer Leader:

Ginny Schiros
4/9/2019

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Photo by Tim Joyce



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

Renew · Refresh · Refocus

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To Ponder: Anthony de Mello *Three Qualities Of Holiness*
excerpts from The Way of Love

True happiness is uncaused, and cannot be experienced. It is not within the realm of consciousness. So it is with holiness. Holiness is unself-consciousness. The moment you are aware of your holiness it goes sour and becomes self-righteousness. A good deed is never so good as when you have no consciousness that it is good - you are so much in love with the action that you are quite unselfconscious about your goodness and virtue.

Secondly, holiness is effortless. Effort can change behavior, but it cannot change you. Think of this: Effort can put food into your mouth, it cannot produce an appetite; it can keep you in bed, it cannot produce sleep; it can make you reveal a secret to another, but it cannot produce trust.

Thirdly, holiness cannot be desired. If you desire happiness you will be anxious lest you do not attain it. You will be constantly in a state of dissatisfaction; and dissatisfaction and anxiety kill the very happiness that you set out to gain. When you desire holiness for yourself, you feed the very greed and ambition that make you so selfish and vain and unholy. Holiness comes from a deep change and transformation of heart.

There are two sources for change within you. One is the cunningness of your ego that pushes you into making efforts to become something other than you are meant to be so that ego can give itself a boost to glorify itself. The other is the wisdom of Nature. Thanks to this wisdom you become aware, you understand it. That is all you do, leaving the change -- the type, the manner, the speed, the time of change -- to Reality and to Nature. The changes that follow are not the result of your blueprints and efforts but the product of Nature that spurns your plans and will, thereby leaving no room for a sense of merit or achievement. You will be a creator full of holiness when there is abandonment in you—no greed, no ambition, no anxiety, no sense of striving, gaining, arriving, attaining. Simple holiness is this.

Reading: : The Vison of Enoch
(excerpts adapted from the Gospel of the Essenes)

I spoke to you
when you were first born.
Be still, know
I am
God

I spoke to you
At your first word.
Be still, know
I am...

I speak to you
Through the dew of the morning.
Be still, know
I am
God

I speak to you
Through the peace of the evening.
Be still, know
I am...

I speak to you
through the splendor of the stars.
Be still, know
I am
God.

I speak to you
Throughout all eternity.
Be still, know
I am...

I speak to you.
Be Still, know
I am
God.

Sharing...

a word...

a phrase...

a reflection...