SINGING ICE RAW ICE SOUNDS

Jonna Jinton

Every winter

as the ice begins to grow during the cold nights, it creates these otherworldly and beautiful sounds. In this video you can hear the sounds from this year, that I recorded now in November 2019, with footage from the same ice. The sounds are made from all these beautiful cracks that you can see on the surface of the ice. I have always thought that these sounds are so calming and relaxing to listen to. It can sometimes sound very similar to the songs of the whales in the ocean. And I also think it can remind us of how it sounded like before we entered this world. The sounds inside the womb of our mother.

> Prayer Leader: Peggy Gerovac 12/ 10 - 11 / 2019

Printed on 100% recycled paper

Trust in the slow work of God.

Pierre Teilhard de Chardin



Photo by Shannon McInnes on Unsplash



Our prayer is characterized by silence \sim

Be still and know that I am God!

In that silence we listen for a new word. God is present in all our lives. God cares for us, and our life experiences are a source of deepening knowledge of God and self.

Inspired by God's Word in the silence we share from our hearts.

Renew · Refresh · Refocus

14812 Lake Ave, Lakewood, OH 44107 | 216.228.7415 centeringspace@srsofcharity.org | www.centeringspace.org

A Sponsored Ministry of the Sisters of Charity of St. Augustine

To Ponder: Pierre Teilhard de Chardin

Trust in the slow work of God. We are, quite naturally, impatient in everything to reach the end without delay. We should like to skip the intermediate stages. We are impatient of being on the way to something unknown, something new, and yet it is the law of all progress that it is made by passing through some stages of instability and that it may take a very long time. Your ideas mature gradually—let them grow, let them shape themselves, without undue haste. Don't try to force them on, as though you could be today what time (that is to say, grace and circumstances acting on your own good will) will make them tomorrow. Only God could say what this new spirit gradually forming within you will be. Give our Lord the benefit of believing that His hand is leading you, and accept the anxiety of feeling yourself in suspense and incomplete."

Reading: Rainer Maria Rilke

Be patient toward all that is unsolved in your heart and try to love the questions themselves. Do not seek the answers, which cannot be given you because you would not be able to live them. And the point is to live everything. Live the questions now. Perhaps you will then gradually, without noticing it, live along some distant day into the answers.

> Sharing... a word... a phrase... a reflection...