

Prayer for Peace David Haas

Peace before us, peace behind us,
peace under our feet.
Peace within us, peace over us,
let all around us be peace.

Love before us, love behind us, love under our feet.
Love within us, love over us, let all around us be love.

Light before us, light behind us, light under our feet.
Light within us, light over us, let all around us be light.

Christ before us, Christ behind us,
Christ under our feet.
Christ within us, Christ over us,
let all around us be Christ.

Alleluia.

Peace before us, peace behind us,
peace under our feet.
Peace within us, peace over us,
let all around us be peace.

Prayer Leader:

Betsy Nero

3/10 - 11/2020

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You Are God's Temple



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

Renew · Refresh · Refocus

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To Ponder:

adapted from John Dear, *They Will Inherit the Earth: Making Peace and Practicing Nonviolence in a Time of Climate Change*

"For Jesus, we are merely stewards of Mother Earth, nonviolent people living in and tending the Creator's glorious vineyard. We are not to destroy it or one another, but live and work in peace in this glorious creation. It's time we learn the lesson, Jesus tells us, and do our part to care for the vineyard of creation... We are called to live our lives right now in the kingdom of God, to practice now as if we are already in the fullness of the presence of the God of peace. Rejecting every form of violence, from war and executions to racism and sexism to nuclear weapons and corporate greed to destructive behavior to the creatures and Mother Earth."

A Meditation by Joyce Rupp

Imagine that you have within you a magnificent cathedral. Inside this cathedral there are tall, stained glass windows, a vast ceiling, and finely polished wood on the floors. Bright sunlight streams through the windows, infusing the atmosphere with a gentle peacefulness.

Imagine that this cathedral is the center of your heart. In the middle of your cathedral is an immense Love. This Love believes in you, cares about you, longs for you intensely. This Love sees only good in you. This Love cherishes you and continually offers you a place of rest.

You are surrounded and imbued with this Love. As you feel the beat of your heart, unite with this immense Love.

As you breathe in, breathe in peace.
As you breathe out, let yourself be filled with stillness.

Dwell in this place of unconditional love and sweet harmony. Let yourself just be in the presence of this abiding kindness.

Reading:

A Prayer by Joyce Rupp

O Divine Spirit resting within me,
how precious is your presence.
I am your temple, your cathedral.
How humbling that I could be
the abode of your unconditional love.
May the dwelling I provide for you
be one of ceaseless contemplation.
Shine in the window of my soul
and keep my heart swept clean.
O Divine Spirit resting within me,
all is yours now, all is yours.



Sharing...

a word...

a phrase...

a reflection...