#### What the World Needs Now Burt Bacharach

What the world needs now is love, sweet love. It's the only thing that there's just too little of. What the world needs now is love, sweet love. No, not just for some but for everyone.

Lord, we don't need another mountain There are mountains and hillsides enough to climb There are oceans and rivers enough to cross Enough to last till the end of time.



Prayer Leader: Cheryl Keehner 4 / 21 / 2020

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# **Rising Above Ourselves**



Our prayer is characterized by silence ~

### Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence we share from our hearts.

#### Renew · Refresh · Refocus

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## To Ponder:

When the pressures of life become our main focus, happiness can feel like a distant hope or memory... A poem (a card, a phone call, a photo, a song) can bless us. What arises is the journey of inward invitation, where true happiness can be nurtured in a lasting way... "Inwardness" I find, helps to frame our perspective about everything we go through.

May Sarton, The Work of Happiness

Home is no longer just a place to eat and sleep, but a school for our souls and spirits. Each day yields its lesson, and our children and partners become our teachers. We find our rhythm and learn to harmonize. We learn how to cherish and care for one another and how to care for our own souls as well. We learn to dance together, how to lead and when to follow. In so doing, we bring about changes both large and small, for our children, nurtured by rhythm, may ultimately heal and restore the rhythm of the world.

Katrina Kenison, Mitten Strings For God

# Reading: Thomas Merton, Source unknown

You don't need to know precisely what is happening or exactly where it is all going...
What you need is to recognize the possibilities and challenges of the present moment and to embrace them with courage, faith and hope.



Sharing...
a word...
a phrase...
a reflection...