

Open the Eyes of My Heart

by Michael Smith

<https://www.youtube.com/watch?v=Vnqb7Vn4AEE>

Open the eyes of my heart Lord
Open the eyes of my heart
I want to see you
I want to see you REPEAT

To see you high and lifted up
Shining in the light of your glory
Pour out your power and love
As we sing Holy, Holy, Holy

Open the eyes of my heart Lord
Open the eyes of my heart
I want to see you
I want to see you REPEAT

To see you high and lifted up
Shining in the light of your glory
Pour out your power and love
As we sing Holy, Holy, Holy REPEAT

Holy, Holy, Holy
Holy, Holy, Holy
Holy, Holy, Holy
I want to see you REPEAT

Prayer Leader:

Syndie Eardly
8/25 -26/2020

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If the Heart is Unobstructed, the Result is Love



Photo by Szelei Robert from Pexels



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.

God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

Renew · Refresh · Refocus

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To Ponder

The Unobstructed Heart

by Anthony DeMello

When a sailboat has a mighty wind in its sail, it glides along so effortlessly that the boatman has nothing to do but steer. He makes no effort; he doesn't push the boat. That's an image of what happens when change comes through awareness, through understanding.

I was going through some of my notes and I found this: "There is nothing so cruel as nature. In the whole universe there is no escape from it, and yet it is not nature that does the injury, but the person's own heart." When you cut water, the water doesn't get hurt; when you cut something solid, it breaks. You've got solid attitudes inside you; you've got solid illusions inside you; that's what bumps against nature, that's where you get hurt, that's where the pain comes from.

Here's a lovely one. It's from an Oriental sage. "If the eye is unobstructed, it results in sight; if the ear is unobstructed, the result is hearing; if the nose is unobstructed, the result is a sense of smell; if the mind is unobstructed, the result is wisdom."

Wisdom occurs when you drop the barriers you have erected through your concepts and conditioning. Wisdom is not something acquired; wisdom is not experience; wisdom is not applying yesterday's illusions to today's problems. As somebody said to me while I was studying for my degree in psychology, "Frequently, in the life of a priest, 50 years' experience is one year's experience repeated 50 times." You get the same solution to fall back on: This is the way to deal with the alcoholic; this is the way to deal with priests; this is the way to deal with a divorcee. But that isn't wisdom.

Wisdom is to be sensitive to this situation, to this person, uninfluenced by any carryover from the past, without residue from the experience of the past. I would add another sentence to the ones I've read: "If the heart is unobstructed, the result is love."

Reading

Psalm 81

Who among you will listen to the
voice of the Beloved?
How many will open their heart?

All you who are too stubborn to hear,
who follow your own counsel,
will know fear and loneliness.

Oh that my people would listen,
that, as friends, you would walk in my ways!
Your fears would soon flee
and your hearts would overflow.

You, who turn your backs on love,
will know only momentary pleasure,
your reward will soon be spent

I would satisfy your hunger,
and, with streams of Living Water,
you would live in the joy of heaven here on earth.

Sharing...

a word...

a phrase...

a reflection...