

Behold the Holy One Jan Novatka

Let us be attentive!
Let us open our minds and our hearts
to hear the good news.

All life is holy. All life is sacred.
Holy is the essence of all things.
Matter is holy. Matter is sacred.
Behold, the Holy One!

All praise to the Holy hidden in all things.
Praise for sister matter,
the dwelling place of Spirit.
Praise for water, air, soil, and fire,
elements imbued with soul.
Praise for creatures great and small
whose being reflects the Divine.

Praise for the trees and shrubs and grasses
with whom holy Breath we exchange.
Praise for the Sacred Universe
in whom all beings share communion.
Praise for mother earth, our home
the fruit of her flesh becomes our own
All praise for the Holy hidden in all things.

Prayer Leader:

Carol Kandiko, CSA
6 / 22 / 2021

Printed on 100% recycled paper

Holy is the Essence of All Things



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

Renew · Refresh · Refocus

14812 Lake Ave, Lakewood, OH 44107 | 216.228.7451
centeringspace@srs charity.org | www.centeringspace.org

A Sponsored Ministry of the Sisters of Charity of St. Augustine

To Ponder: Joan Halifax

We go into the darkness, we seek initiation, in order to know directly how the roots of all beings are tied together: how we are related to all things, how this relationship expresses itself in terms of interdependence, and finally how all phenomena abide within one another.

Yes, the roots of all living things are tied together. Deep in the ground of being, they tangle and embrace. This understanding is expressed in the term, nonduality. If we look deeply, we find that we do not have a separate self-identity, a self that does not include sun and wind, earth and water, creatures and plants, and one another.

We cannot exist without the presence and support of the interconnecting circles of creation—the geosphere, the biosphere, the hydrosphere, the atmosphere, and the sphere of our sun. All are related to us; we depend on each of these spheres for our very existence.



Reading: Bruce Sanguin *If Darwin Prayed*

Holy One, Holy Oneness

We open now to the mystery of Life,
to the Holy One and Holy Oneness
infinitely greater than words can express
whose love for us and all creation
exceeds our capacity to imagine.

We open now to the mystery of Life,
to the Holy Oneness,
the web of life that holds all beings
in intimate embrace
making it possible to distinguish
but never disconnect
any part from the whole, or whole from the parts,
making us kin in the kin-dom of life.

We open now to the mystery of Life,
knowing this adventure
to be a journey back
to the ever-present source—
discovered in our own depths—
and a forward journey
toward a new heaven and a new Earth,
which is being born through us,
and know above all and below all
that this is not a path to God, but a path in God.
We celebrate this great adventure.

Sharing...

a word...

a phrase...

a reflection...