

## One Power Daniel Nahmod

There's One Power, invisible, and you see it everywhere and every day.  
One Power, indescribable, and you speak of it with every word you say.  
Mysterious until you know the truth.  
As simple as the love inside of you.

Call it God, call it Spirit, call it Jesus, call it Lord,  
Call it Buddha, Bahá'u'lláh, Angel's Wings or Heaven's Door,  
but whatever name you give it, it's all One Power, can't you see?

*It's the power of the love in you and me.*

We speak so many languages, have different clothing,  
different colors, different names,  
But different is only dangerous  
when we forget that in the heart we're all the same.  
We'll remember once we close our eyes to see  
that such distances were never meant to be.

Call it God, call it Spirit, call it Jesus, call it Lord,  
Call it Buddha, Bahá'u'lláh, Hashem or Heaven's Door.  
It's Muhammed, it's your mind, it's your soul or it's your sign.  
It's the Universe, it's music, Mother Earth or Father Time.  
But whatever name you give it, it's all One Power, can't you see?  
Whatever name you give it, it's the very air we breathe.

*It's the power of the love in you and me.*

*One Power. One Power. One Power.*

It's the moment of creation.	It's an everlasting peace.
It's the freedom of forgiveness.	It's the sweetness of release.
It's the joy of inspiration.	It's the sunshine on your face.
It's the birthright of all nations.	It's the boundlessness of space.
It's the beauty of a baby.	The serenity of sleep.
It's the anger we abandon	For it's love that's most deep.

*It's One Power. There's One Power.*

*It's the power of the love that lives forever in you and me.*

*It's the power of the love in you and me.*

Prayer Leader

Ginny May Drotar

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## The Many Names of God



Our prayer is characterized by silence ~

*Be still and know that I am God!*

In that silence we listen for a new word.  
God is present in all our lives.  
God cares for us, and  
our life experiences are a source  
of deepening knowledge of God and self.

Inspired by God's Word in the silence

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14812 Lake Ave, Lakewood, OH 44107 | 216.228.7451  
centeringspace@srs ofcharity.org | www.centeringspace.org

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## To Ponder:

*Emerging Heart: Global Spirituality and the Sacred*  
Beverly Lanzetta

Every loving exceeds name. There is no name adequate to our love or to our beloved. That is the nature of love: to be both concrete and ungraspable; singular and universal. To love passionately the Divine without name is not to reject God, love, or names, but to measure up to the immensity of what love is: its embracing of everything and its rejection of nothing. It is to become an open vessel of intimacy, in which we offer ourselves to each other without restraint.

Love gives up attachment to a particular name in order to embrace the fullness of all naming. This is not something we do or a choice we make. It is a blind stirring that leads us through the anguish of letting go and into the arms of an excessive grace; and it cannot be ignored. Life practices it everyday.



## Reading: *Becoming Stillness* Wilfredo Benitez

When stillness emerges  
A universe opens  
The inward gaze becomes witness  
To an ocean of movement  
Pulsating, vibrating  
Enticing the soul to plunge in  
And surrender to its depth and beauty.

The Buddha turns his gaze inward,  
Jesus cries Abba,  
Rumi dances in spirals of ecstatic LOVE,  
And poets everywhere  
Become the prisoners of boundless Adoration.

Slowly the mystery unravels,  
Each time revealing just another enticing foretaste  
Of a horizon bursting with boundless layers of light within.

Each time pulling us into the deepest LOVE.  
Each time pulling us into the irresistible LOVE.  
Each time revealing that there is only LOVE.

Sharing...

a word...

a phrase...

a reflection...