

Fall in Love with Your Life

All Shall Be Well Julian of Norwich
Arranged by Stefan Andre Waligur

All shall be well
From Love we come
In love we are enfolded
To love we shall return
Alleluia!



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence

Renew · Refresh · Refocus

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To Ponder: *Great Themes of Paul: Life as Participation*
by Richard Rohr

Religion as participation constantly recognizes that **we are a part of something** more than we are observing something or “believing” in something.

Love describes this participatory life. It’s the greatest of the gifts. Love is not something we do. It is something that is done to us, and that we participate in. It’s something we fall into. Our telling English phrase is wonderful. We say, “I’ve fallen in love.” We recognize love not as something we can achieve by willpower. As Eckhart Tolle teaches, you fall through your life situation into your real life. Everything here is simply a lesson—all your life situation, all your life events are used by God. They often are not consciously religious.

Great Love we fall into, the Great Self with the big S, the God Self. We translate it as unconditional love or divine love. It’s a love we receive as a gift. We do not manufacture it by willpower. It’s a love we can only participate in. It’s a life bigger than our own.

When we’re in love, in *agape*, we are able to “see” correctly. When we’re reading reality correctly, we *will* love, we will know how to love, and we will be *in love*. We will not have a judgmental, negative, or critical stance. We’ll see what’s really happening. From some place we do not completely understand comes this capacity to forgive, to embrace, to compassionately understand, to let go, and to hand over my small self to the Big Self that we call God, or our Higher Power.

Paul writes, “Now we see through a mirror darkly, but one day we shall all see face to face. The knowledge that I have now is imperfect, but one day I shall know as fully as I am known” (1 Corinthians 13:12)

Reading: *Where Is God?* By Marc Nepo

It’s as if what is unbreakable—the very pulse of life—waits for everything else to be torn away, and then in the bareness that only silence and suffering and great love can expose, it dares to speak through us and to us. It seems to say, if you want to last, hold on to nothing. If you want to know love, let in everything. If you want to feel the presence of everything, stop counting the things that break along the way.

Sharing...

a word...

a phrase...

a reflection...