Another Holy Morning – david m. bailey

To learn about the future, watch a child play To learn about the past, hear what the old man has to say To learn about the moment, stop and look around Every single second has its own amazing sound

You might hear a cricket, you might hear a car What you choose to listen to will tell you who you are. If you want to feel the sun, you gotta go to where it shines There's so much you can give, but you gotta take the time

Some say time will tell, well I think it often screams It cannot understand why we disregard our dreams If you were a bird, where do you think you'd fly? Out towards the horizon or high up in the sky?

I guess it all depends on where you want to go There any many ways to get there from the little that I know We all have a ghost in our past, a private curse And everybody seems to think that theirs must be the worst

But the skeleton in your closet is only made of bones And you are flesh and blood, full of life, and not alone

No one needs to walk even a single mile In someone else's shoes to know they face a trial That could be just as hard as the one that's facing you And you have no idea exactly what you'd do

I think we all deserve a little bit of slack As we work through our own demons and try to get on track Everybody's had their doubts, from the peasant to the Pope But the sun came up this morning, so I believe there's hope

Call me crazy, call me stupid, call me foolish or naïve But it's another holy morning and as for me, I believe. It's another holy morning and as for me, I believe.

> Prayer Leader: Subhana Cathy Graf 10 / 26 / 2021

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What if...

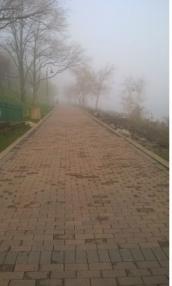


Photo by Subhana Cathy Graf



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word. God is present in all our lives. God cares for us, and our life experiences are a source of deepening knowledge of God and self.

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To Ponder:

"Our goal should be to live life in radical amazement, [to] get up in the morning and look at the world in a way that takes nothing for granted. Everything is phenomenal; everything is incredible; never treat life casually. To be spiritual is to be amazed." Rabbi Abraham Joshua Heschel

"What if our religion was each other. If our practice was our life. If prayer, our words. What if the temple was the Earth. If forests were our church. If holy water--the rivers, lakes, and ocean. What if meditation was our relationships. If the teacher was life. If wisdom was self-knowledge. If love was the center of our being." Ganga White

"The universe is composed of subjects to be communed with, not objects to be exploited. Everything has its own voice. Thunder and lightning and stars and planets, flowers, birds, animals, trees, all these have voices, and they constitute a community of existence that is profoundly related." Thomas Berry

I live on Earth at present, and I don't know what I am. I know that I am not a category. I am not a thing—a noun. I seem to be a verb, an evolutionary process an integral function of the universe. ~ R. Buckminster Fuller

Reading: David Suzuki

The way we see the world shapes the way we treat it. If a mountain is a deity, not a pile of ore; if a river is one of the veins of the land, not potential irrigation water; if a forest is a sacred grove, not timber; if other species are biological kin, not resources; or if the planet is our Mother, not an opportunity-then we will treat each other with greater respect.

Thus is the challenge, to look at the world from a different perspective.

Sharing... a word, a phrase a reflection