

**Only in God** lyrics Wendy & Mary

Only in God is my soul at rest  
In Him comes my Salvation.  
He only is my Rock, my Strength,  
And my Salvation.

My Stronghold, my Savior,  
I shall not be afraid at all.  
My Stronghold, my Savior  
I shall not be moved.

Only in God is found safety  
When the enemy pursues me;  
Only in God is found Glory,  
When I am found meek and found lowly.

Only in God is my soul at rest  
In Him comes my Salvation.

**Prayer Leader:**  
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**...for all that will be “Yes”**



Our prayer is characterized by silence ~

**Be still and know that I am God!**

In that silence we listen for a new word.  
God is present in all our lives.  
God cares for us, and  
our life experiences are a source  
of deepening knowledge of God and self.

Inspired by God's Word in the silence  
we share from our hearts.

**Renew · Refresh · Refocus**

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## To Ponder: reflection from Cheryl

Advent invites us to think about how powerful “Yes” can be. “Yes” reminds us that everything is possible. When expressing our love to someone, that simple “Yes” can fulfill expectations and move us from the present into the future.

In this time before Christmas, the Scripture presents us with models and messengers, all expecting to hear “Yes” as an affirmation of their vision for life here on earth. They hope and they wait and they trust for an answer to prayer.

In words and in song we hear again hope for a better world, trusting that the words of our Lord will be fulfilled: those in exile will return to their homeland; peace will come to a long suffering community; a faithful God will fulfill his promises to Israel. In the story the Virgin Mary’s “Yes” we are given a powerful example of waiting, hoping and trusting.

Prayer during Advent asks each of us “what are we hoping for? Are we willing to wait and to trust the One who answers prayers?

## Reading: based on Psalm 62

For You alone, my soul waits in silence;  
from the Beloved comes my salvation  
enfolding me with strength and steadfast love,  
I shall not be disturbed.  
my faith shall remain firm.

God is my stronghold and my guidance.  
You are the heart of my heart,  
You speak to me in silence.

Trust in love at all times, O People,  
pour out your heart to the Beloved.  
Let Silence be a refuge for you.  
Say to the Beloved: from You alone  
comes light, love and life.



Sharing...

a word...

a phrase...

a reflection...