

THE ROAD NOT TAKEN - Robert Frost - 1874-1963

Two roads diverged in a yellow wood,
And sorry I could not travel both
and be one traveler, long I stood
And looked down one as far as I could
To where it bent in the undergrowth;

Then took the other, as just as fair,
And having perhaps the better claim,
Because it was grassy and wanted wear;
Though as for that the passing there
Had worn them really about the same,

And both that morning equally lay
In leaves no step had trodden black.
Oh, I kept the first for another day!
Yet knowing how way leads on to way,
I doubted if I should ever come back.

I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I -
I took the one less traveled by,
And that has made all the difference

Prayer Leader:

Ron Konkoly

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Choices



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

Renew · Refresh · Refocus

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To Ponder: Eckhart Tolle - The Power of Now

Choice implies consciousness - a high degree of consciousness. Without it, you have no choice. Choice begins the moment you disidentify from the mind and its conditioned patterns, the moment you become present.

...

Nobody chooses dysfunction, conflict, pain. Nobody chooses insanity. They happen because there is not enough presence in you to dissolve the past, not enough light to dispel the darkness. You are not fully here. You have not quite woken up yet. In the meantime, the conditioned mind is running your life.

...

With awareness there comes choice. And so you are able to say: "I allow this moment to be as it is." And then, suddenly, where before there was irritation, there is now a sense of aliveness and peace and out of that comes right action.

...

The next step in human evolution is not inevitable, but for the first time in the history of the planet, it can be a conscious choice. Who is making that choice? You are. And who are you? Consciousness that has become conscious of itself. A significant portion of the earth's population will soon recognize, if they haven't already done so, that humanity is now faced with a stark choice: Evolve or die.

Reading: Joyce Rupp, "Labyrinth Prayer" (adapted)

You are with me, ever present Journeyer, as I stand, unsure, at the opening of this path: The entrance to an unknown journey in my life. Remind me that I do not make this passage alone. You accompany every footstep.

Encourage me to bring my entire life with me - whatever encumbers and inhibits, whatever enthuses and inspires. No part of my life can be left behind. Each particle is woven into my relationship with You. I bring all of it onto the path that draws me inward and forward.

Instill trust in me as I begin to walk the path. Take me further and deeper into the mystery of You and into the unknown recesses of my soul. Assure me that I can walk without fear, knowing you are my Guide. Whatever truth awaits, it will be given when I am available and ready to receive it.

Slow me with Your stillness so I do not hurry the steps I take. Enable my patience and mindfulness to assist my focus on each step, as I join my breath to You, the One Breath.

Sharing...

a word...

a phrase...

a reflection...