GOD OF THE MOUNTAIN Lynda Randle

Life is easy when you're up on the mountain And you've got peace of mind Like you've never known But things change when your down in the valley Don't loose faith for You're never alone.

For the God of the mountain is still God in the valley. When things go wrong, He'll make them right. And the God of the good times is still God in the bad times. The God of the day is still God in the night

You talk of faith when you're up on the mountain. Oh but the talk comes easy When life's at its best. Now it's down in the valley of trials and temptation that's where your faith is really put to the test.

Prayer Leader:

Ron Konkoly 3 / 22 / 2022

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Undoubtedly Here and Now





Our prayer is characterized by silence \sim

Be still and know that I am God!

In that silence we listen for a new word. God is present in all our lives. God cares for us, and our life experiences are a source of deepening knowledge of God and self.

Inspired by God's Word in the silence we share from our hearts.

Renew · Refresh · Refocus

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An Interfaith Ministry of the Sisters of Charity of St. Augustine

To Ponder: Bishop Robert Barron

...the scriptures also attest to God's omnipresence: "Your wisdom reaches mightily from one end of the earth to the other and she orders all things well" (Wisdom 8:1) and "where can I go from one end of the earth to the other, and "where can I go from Your spirit or where can I flee from Your presence? If I ascend to heaven, You are there; If I take the wings of the morning and settle at the farthest limits of the sea, even there Your hand shall lead me, and Your right hand shall hold me fast" (Psalm 139;7-12). This speaks to the fact that God sustains the universe in existence from moment to moment, the way a singer sustains a song. What is perhaps the defining feature of the spirituality associated with St. Ignatius Loyola - "finding God in all things" - flows from this second great biblical emphasis. Despite His transcendence, God should not be thought of as distant in any conventional sense of the term, certainly not in the Deist (Supreme being who does not intervene with the universe) manner. Rather, as Thomas Aquinas taught, God in all things "by essence presence and power." Mind you, since God is endowed with intellect, will and freedom He is never dumbly present, but always personally and intentionally present, offering something of Himself to us. Therefore, the search for God can commence right here, right now, what ever is at hand.

Reading: Morgan Harper Nichols

"When you start to feel like things should have been better this year, remember the mountains and valleys that got you here.

They are not accidents, and those moments weren't in vain. You are not the same. You have grown and you are growing. You are breathing, you are living, you are wrapped in endless, boundless grace.

And things will get better. There is more to you than yesterday."

Sharing... a word... a phrase...