

AGNUS DEI

Michael Whitaker Smith
Sung by The Ukrainian Easter Choir
in English and Ukrainian

Alleluia Alleluia
For the Lord God Almighty reigns

Alleluia Alleluia
For the Lord God Almighty reigns

Alleluia
Holy
Holy are You, Lord God Almighty
Worthy is the Lamb
Worthy is the Lamb

You are holy
Holy are You, Lord God Almighty
Worthy is the Lamb
Worthy is the Lamb

Amen

Prayer Leader:

Ron Konkoly
5/17 / 2022

Printed on 100% recycled paper

The Body of the Cosmos



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

Renew · Refresh · Refocus

14812 Lake Ave, Lakewood, OH 44107 | 216.228.7451
centeringspace@srssofcharity.org | www.centeringspace.org

An Interfaith Ministry of the Sisters of Charity of St. Augustine

To Ponder: Father Richard Rohr

The body of the cosmos

The Eucharist - or what many Christians refer to as communion - is our ongoing touchstone for the Christian Journey. It becomes a place to which we must repeatedly return in order to find our face, our name, our absolute identity, who we are in Christ, and thus who we are forever. *We are not just humans having a God experience. The Eucharist tells us that, in some mysterious way, we are an ingested God having a human experience.*

..in scripture and in an expanding sense, Paul (the writer) expresses his full belief that there is a real transfer of human and spiritual identity from Christ to Creation, to the elements of bread and wine, and through them to human beings.

The Eucharist, like resurrection, is not an unique event or strange anomaly. Eucharist is the Incarnation of Christ taken to its final shape and end –the very elements of the earth itself. It is indeed one sacred universe, all things turning around one thing: the Divine.

Reading: Thích Nhất Hạnh

"on the Christian communion ritual"

...If Christ is the body of God, which He is, then the bread He offers is also the body of the cosmos.

Look deeply and you notice
the sunshine in the bread,
the blue sky in the bread,
the cloud and the great earth in the bread.

Can you tell me what is not in a piece of bread?

The whole cosmos has come together in order to bring to you this piece of bread. You eat it in such a way that you become alive, truly alive...

Eat in such a way that the Holy Spirit becomes an energy within you and then the piece of bread that Jesus gives you will stop being a simple idea, or a notion.

Sharing...

a word...

a phrase...

a reflection...