

Fullness of Joy – by Shane & Shane Psalm 16

Preserve me, O God, For I find rest in You alone
I say to the Lord "You are my Lord, I have no good
Apart from You"

All sons and daughters; Brothers, sisters my delight
Let's sing together "No other gods shall satisfy"
God, You satisfy

***In Your presence There is fullness
Of joy, joy***

You give me counsel My heart instructs me in the night
You are before me Because You're for me
I'm alright, It'll be alright

***At Your right hand There are pleasures
Forevermore, Forevermore***

My heart is glad and my soul rejoice
My flesh it dwells secure
'Cause You put on flesh Lived a blameless life
My curse on the cross You bore

Then You ripped the doors off the city of death
And the chains fell to the floor
Now the serpent's crushed It has been finished
You reign forevermore

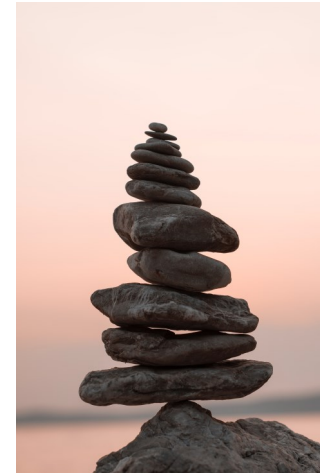
You are my portion My cup and You make my lot secure
The lines have fallen For me in pleasant places
A beautiful inheritance

Prayer Leader:

Mary Beth Marquard
May 31, 2022

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Spiritual Alignment



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

Renew · Refresh · Refocus

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To Ponder:

Gabrielle Bernstein

What does spiritual alignment feel like?

You might be thinking, "How do I know what it feels like to be in spiritual alignment?"

Good question. First...when we are out of alignment, we feel stressed, sick, anxious or resentful. We may be blocking things; blocking happiness, connection, creativity, abundance.

When we find ourselves attacking or judging, those are also clear signs that we are misaligned.

We are pulled out of alignment often, but the simplest meditation can move us into realignment. The key to getting back into spiritual alignment is to want it. In an instant we can forgive our fear and choose again. We can start a new story, shift our perceptions, and allow miracles to unfold.

Reading:

Nan Merrill: Psalm 26

adapted from Psalms for Praying

Speak on my behalf, O Beloved,
for I would choose the path that leads back Home,
trusting in your love without reserve.

May my heart be as your Heart;
may my mind be as your Mind.

May your steadfast love guide me
as I live according to your Will.
You, O Counselor, are my strength and my guide;
so I choose the path of peace and wholeness.

I walk with friends of integrity,
and associate with those who live in truth;
I love the company of faith-filled people,
and count myself among those who make
your Word their own.

For I choose the path of peace and wholeness.
You are my strength and my guide.

Sharing...

a word...

a phrase...

a reflection...