

The Circle of Life Elton John

From the day we arrive on the planet
And, blinking, step into the sun
There's more to see than can ever be seen
More to do than can ever be done
There's far too much to take in here
More to find than can ever be found
But the sun rolling high
Through the sapphire sky
Keeps great and small on the endless round

It's the circle of life
And it moves us all
Through despair and hope
Through faith and love
'Til we find our place
On the path unwinding
In the circle
The circle of life
It's the circle of life

And it moves us all
Through despair and hope
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In the circle
The circle of life

Prayer Leader:
Betsy Nero
5/3/2022

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be serenely present



Our prayer is characterized by silence ~
Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

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To Ponder: Pope Francis
Joy and Peace #222
Laudato Si: On Care for Our Common Home

Christian spirituality proposes an alternative understanding of the quality of life, and encourages a prophetic and contemplative lifestyle, one capable of deep enjoyment free of the obsession with consumption. We need to take up an ancient lesson, found in different religious traditions and also in the Bible. It is the conviction that "less is more." A constant flood of new consumer goods can baffle the heart and prevent us from cherishing each thing and each moment. To be serenely present to each reality, however small it may be, opens us to much greater horizons of understanding and personal fulfillment. Christian spirituality proposes a growth marked by moderation and the capacity to be happy with little. It is a return to that simplicity which allows us to stop and appreciate the small things, to be grateful for the opportunities which life affords us, to be spiritually detached from what we possess, and not to succumb to sadness for what we lack. This implies avoiding the dynamic of dominion and the mere accumulation of pleasures.

Reading:
#225

No one can cultivate a sober and satisfying life without being at peace with him or herself.

An adequate understanding of spirituality consists in filling out what we mean by peace, which is much more than the absence of war.

Inner peace is closely related to care for ecology and for the common good because lived out authentically, it is reflected in a balanced lifestyle together with a capacity for wonder which takes us to a deeper understanding of life...

an integral ecology includes taking time to recover a serene harmony with creation, reflecting on our lifestyle and our ideals, and contemplating the Creator who lives among us and surrounds us, whose presence "must not be contrived but found, uncovered."

Sharing...
a word...
a phrase...
a reflection...