Céline Dion, S'il suffisait qu'on s'aime

I dream about his face, i refuse to accept his body
And then I imagine him living in my decor
I would have had so much to say to him, if i had known how to talk
How to make him read at the bottom of my thoughts?
But, how do these others do, whom everything succeeds?
That tell me my mistakes and also my wild dreams
I offer my soul, my heart and all my time
But i give everything willingly, everything isn't enough.

If it were enough to love yourself, if it were enough to love
If we changed the things a little bit, not giving away what we love
If it were enough to love yourself, if it were enough to love
I would make out of this world, a dream, an eternity.

I have blood in my songs, a dried petal
When tears are biting me, that others have shed
Life isn't watertight, my island is under the wind
The doors leave cries to enter, even if it's closed
In a garden, the child, on a balcony full of flowers
My peaceful life where i hear all the hearts, beating
When the clouds go darker, omens of misfortunes
What kind of weapons response to our countries' fears?

If it were enough to love yourself, if it were enough to love
If we changed the things a little bit, not giving away what we love
If it were enough to love yourself, if it were enough to love
I would make out of this world, a dream, an eternity.
If it were enough to love yourself, if it were enough to love
If we could change things and start again everything
If it were enough to love yourself, if it were enough to love
We would make out of this dream, a world
If it were enough to love.

https://www.youtube.com/watch?v=hVM74diLfuo

Prayer Leader:

Naja Yasbek June 21, 2022

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Love is Enough





Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence we share from our hearts.

Renew · Refresh · Refocus

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To Ponder: Thich Nhat Hanh, How to Love

"The first element of true love is loving kindness." The essence of loving kindness is being able to offer happiness. You can be the sunshine for another person. You can't offer happiness until you have it for yourself. So build a home inside by accepting yourself and learning to love and heal yourself. Learn how to practice mindfulness in such a way that you can create moments of happiness and joy for your own nourishment. Then you have something to offer the other person. The second element of true love is compassion. Compassion is the capacity to understand the suffering in oneself and in the other person. If you understand your own suffering, you can help him to understand his suffering. Understanding suffering brings compassion and relief. You can transform your own suffering and help transform the suffering of the other person with the practice of mindfulness and looking deeply. The third element of true love is the capacity to offer joy. When you know how to generate joy, it nourishes you and nourishes the other person. Your presence is an offering, like fresh air, or spring flowers, or the bright blue sky."

Reading: Hafis, <u>Carrying God</u>

No one can keep us from carrying God wherever we go.

No one can rob His name from our hearts as we try to relinquish our fears and at last stand victorious.

We do not have to leave Him in the mosque or church alone at night;

We do not have to be envious of our spirit's ability, which can sometimes touch God in a dream.

Our yearning eyes, our warm-needing bodies, can always draw him near.

No one anywhere can keep us from carrying the Beloved wherever we go. He lives in the rhythm of our heart.

Shams-ud-din Muhammad Hafiz (c. 1320-1 389) is the most beloved poet of Persia and is considered to be one of history's greatest lyrical geniuses.

Sharing...
a word...
a phrase...
a reflection...