

Song

There is a Place *by Liam Lawton*

There's a time for remembering, a time to recall
The trials and the triumphs, the fears and the falls.
There's a time to be grateful for the moments so blest:
The jewels of our memory where love is our guest.

There is gold that is gleaming in a past we once knew:
In our tears and our laughter, 'twas love brought us through.
There's a road we have travelled where sunlight has kissed,
That carries us onwards when loved ones are missed.

There is treasure in our fields. There is treasure in our skies.
There is treasure in our dreaming from the soul to the eye;
For wherever we gather in the light of God's grace,
And for all whom we remember, there will ever be a place.

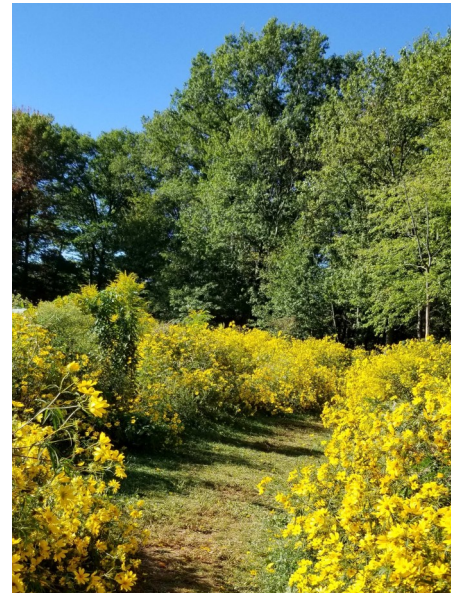
There's a promise of God that is written in the stars
For all who may travel, no matter how far.
God will be your companion, each journey you make
In the shadow of loved ones, to lighten your way.

In the quiet of the evening, at the close of the day,
We will rest on the journey. To the Lord we shall pray.
May we thank God for blessings, for the moments we've shared.
As we seek for tomorrow, close by us you'll stay.

Prayer Leader:

Syndie Eardly
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**There is
Treasure
in Our
Fields**



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

Renew · Refresh · Refocus

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To Ponder

8 Master Lessons of Nature

By Gary Ferguson

The beauty and mystery that embrace us in the natural world, that web of connections going on all around us, somehow nudges us toward a greater presence of mind — this sense that nothing real is ever happening other than what's unfolding right now.

It's an idea fundamental to many meditation practices — that in any given moment nothing could be other than it is; and as it happens, that notion is a lot easier to hold on to, to breathe into, out in the grass and the sun and the trees.

Mental efficiency for us humans, then, might look something like this: Accept what's going on because that's what's going on. Act in whatever way the circumstance calls for, if in fact, it calls for anything at all.

If you do take action, don't waste mental and emotional energy either second-guessing yourself or getting overly attached to the result.

And finally, try to take to heart an idea that's been around for well over two thousand years, which suggests that taking care of the self on the deepest levels means being grateful for the fact that you already have everything you need.

From what we can tell, every one of these essential perspectives may root in you, and grow more quickly, when fed and watered by the natural world.

Reading

Matthew 6:28-33

Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these.

But if God so clothes the grass of the field, will he not much more clothe you, O you of little faith?

Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'

For the Gentiles seek after all these things, and your heavenly Father knows that you need them all.

But seek first the kingdom of God and his righteousness, and all these things will be added to you.

Sharing...

a word...

a phrase...

a reflection...