

## Healing Time on Earth

John Denver

Let the mountains talk  
Let the rivers run  
There is wisdom here  
There is much to learn  
There is much to know  
Much to understand  
In this healing time  
All across the land

You have heard my songs  
Oh so many years  
You have laughed with me  
Washed away my tears  
You have shared my joy  
You have felt my pain  
In this healing time  
Walk with me again

Through these darker days  
On this narrow line  
Help me find my way  
Help me see the signs  
I am not afraid  
I am not alone  
You have taught me well  
You have brought me home

Let the mountains speak  
Let the rivers run  
As the world awakes  
To the rising sun  
In each brand new day  
In our own rebirth  
In this healing time  
On our mother earth

Let the mountains talk  
And let the rivers run  
There is wisdom here  
There's so much to learn  
In each brand new day  
In our own rebirth  
In this healing time  
For our mother earth

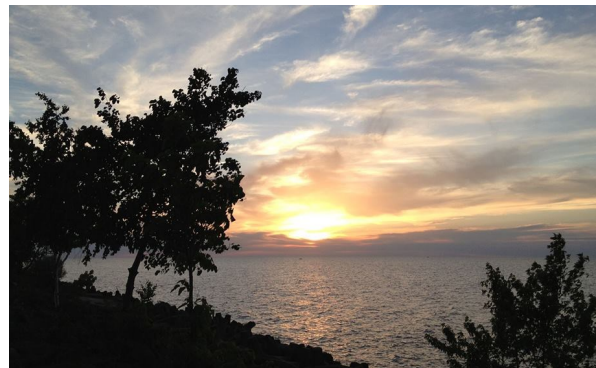
In each brand new day  
In our own rebirth  
In this healing time  
Here on mother earth

Prayer Leader:

Betsy Nero

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Sit in Silence at the Edge of the Water  
and Learn to be Satisfied



Our prayer is characterized by silence ~

*Be still and know that I am God!*

In that silence we listen for a new word.

God is present in all our lives.

God cares for us, and  
our life experiences are a source  
of deepening knowledge of God and self.

Inspired by God's Word in the silence  
we share from our hearts.

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## To Ponder: Sarah Bessey

### *Instructions for an Evening of Your Life*

Find a bit of water to look at, it doesn't have to be much. Maybe a pond, a river, a creek, a lake - if you're really lucky, find the ocean. But go there alone at sunset. I know it seems indulgent and impossible - that's because it is. But every once in a while, the best way to keep moving through your life is to do something that seems impossibly kind for your own soul.

So go. Alone. Late in the day.

Leave behind the book. Leave behind your prayer journal.

Leave behind the notebooks and schedule planning.

Leave behind the mobile phone -

if you're in a good spot, there won't be any reception anyways.

And here is your assignment: sit down and watch the water.

That's exactly it.

Sit in the silence at the edge of the water and learn to be satisfied...

Be silent and watch the water. Do one thing right now and do it with your whole self. Become acquainted with the silence in your own soul; you might be surprised by the sound of you... Sometimes you might rise up in gratitude and thanksgiving, other times the pain you're finally allowing yourself to feel might be overwhelming. Sometimes your soul feels like worship and sometimes this feels like encountering a stranger - do I know you? Then sometimes it might simply feel like a good friend you haven't seen in far too long and you'll think, *Why don't I do this more often?*

Let the sun set over the water. Be baptized in the gracious last light of the day, the satisfied light. Close your eyes and feel the light against your darkness, warming you.... You'll be ready to be friends with the night and the silence, and hopefully with your own soul at last.

## Reading:

Job 12:7-10 (NRSV)

Ask the animals, and they will teach you;

the birds of the air, and they will tell you;

ask the plants of the earth, and they will teach you;

and the fish of the sea will declare to you.

Who among all these does not know

that the hand of the Lord has done this?

In God's hand is the life of every living thing

and the breath of every human being.

## Sharing. . .

a word...

a phrase...

a reflection...