All You Need Is Love The Beatles

Love, love, love Love, love, love Love, love, love

There's nothin' you can do that can't be done Nothin' you can sing that can't be sung Nothin' you can say, but you can learn how to play the game It's easy

Nothin' you can make that can't be made No one you can save that can't be saved Nothin' you can do, but you can learn how to be you in time It's easy

All you need is love All you need is love All you need is love, love Love is all you need

All you need is love All you need is love All you need is love, love Love is all you need

There's nothin' you can know that isn't known Nothin' you can see that isn't shown There's nowhere you can be that isn't where you're meant to be It's easy

All you need is love All you need is love All you need is love, love Love is all you need

> Prayer Leader: Dean Presson

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All You Need Is Love





Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word. God is present in all our lives. God cares for us, and our life experiences are a source of deepening knowledge of God and self.

Inspired by God's Word in the silence we share from our hearts.

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An Interfaith Ministry of the Sisters of Charity of St. Augustine

To Ponder: Dean Presson

Jesus told us there are only two primary commandments 1) love your creator God 2) love each other including yourself and all of His creation. All other teachings are applications of these two commandments of love

When our carnal minds and bodies are living within these commandments, we can experience the true joy of God's Grace. However when we travel outside the boundaries of a loving soul, a conflict arises within us. We are often tempted to seek excessive power or money and also with various addictions that harm others and ourselves. A battle then ensues between the loving commandments of God and our carnal flesh. It is at that time we listen to our loving souls for guidance away from these negative, unhealthy cravings.

Listen to the quiet, calm voice that is within all our hearts. Celebrate life as a time of growth for our soul as well as our minds and bodies. We are in the care of a loving mother/father God and we have chosen to come here to learn and experience life's lessons to take with us to our true heavenly home.

Reminders:

Come on time or **better yet, come early** Honor the silence Share briefly from personal experience Listen to each other I Discussion (cross talk) is for after the hour of prayer

Reading: Naja Yazbek

The Whole Of You

My cells feed on meat and sugar. They feed me back lust and nights. Woe is me, dust and plights. Believe, you have been the love of Mother Universe, forests and heart. "Be contagious, love," said she. You are the seed for the upcoming forests. Push your days onto the offering table Thus, you repel darkness and fables. Thus, your light joins the farthest galaxies. And you would become the particles in God's heart. Abide in the palm of mercy. Love until the tune of the world sings a unique sona. Love until the dances of wind turn to dew and honey. Love every soul. And every soul shall love the whole of you.

Sharing... a word... a phrase... a reflection...