

## You Say Lauren Daigle

I keep fighting voices in my mind that say I'm not enough  
Every single lie that tells me I will never measure up  
Am I more than just the sum of every high and every low  
Remind me once again just who I am because I need to know  
Ooh-oh

You say I am loved when I can't feel a thing  
You say I am strong when I think I am weak  
And you say I am held when I am falling short  
And when I don't belong, oh You say I am Yours  
And I believe (I)  
Oh, I believe (I)  
What You say of me (I)  
I believe

The only thing that matters now is everything You think of me  
In You I find my worth, in You I find my identity  
Ooh-oh

Taking all I have, and now I'm laying it at Your feet  
You have every failure, God, You have every victory  
Ooh-oh

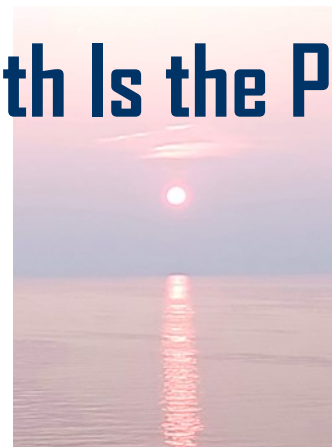
Prayer Leader:

Naja Yazbek

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## Faith Is the Path



Picture by Naja Yazbek



Our prayer is characterized by silence ~

*Be still and know that I am God!*

In that silence we listen for a new word.

God is present in all our lives.

God cares for us, and

our life experiences are a source  
of deepening knowledge of God and self.

Inspired by God's Word in the silence  
we share from our hearts.

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## To Ponder: Joan Chittister, Illuminated Life: Monastic Wisdom for Seekers of Light

Abba Doulas, the disciple of Abba Bessarion, said: When we were walking along the sea one day, I was thirsty, so I said to Abba Bessarion, "Abba, I am very thirsty. " Then the old man prayed and said to me, "Then drink from the sea. " And the water was sweet when I drank it. So I poured it into a flask so that I would not be thirsty later. Seeing this, the old man asked me, "Why are you doing that; " And I answered, "So that I won't be thirsty later on. " Then the old man said, "God is here and God is everywhere."

PS: "Abba" is a term used to address a spiritual father or a respected elder in certain Christian traditions, particularly in the early Christian monastic tradition of the Desert Fathers in Egypt.

### Reminders:

Come on time or **better yet, come early!**  
Honor the silence.  
Share briefly from personal experience.  
Listen to each other.  
Discussion (cross talk) is for after the hour of prayer.

## Reading: Joan Chittister, Illuminated Life: Monastic Wisdom for Seekers of Light

Faith is beyond denominational purity, more than religious devotion, more than saintly rigor. Faith rests in the arms of God, trusts today and accepts tomorrow because faith knows that whatever the day, God is in it.

Where there is possibility without certainty, faith assures.

Where there is uncertainty without surety, faith sustains.

Where there is confidence that life has purpose even when it does not have clarity, faith is its foundation.

Faith lives in the mystery that is God and thrives on life.

## Sharing. . .

a word...

a phrase...

a reflection...