

joy. for KING and COUNTRY

Lately, I've been reeling, watching the nightly news
Don't seem to find the rhythm, just wanna sing the blues

Feels like a song that never... stops
Feels like it's never gonna
Gotta get that fire, fire, back in my bones
Before my heart, heart, turns into stone
So somebody please pass the megaphone
I'll shout it on the count of three
One, two, three

Oh, hear my prayer tonight, I'm singing to the sky
Give me strength to raise my voice, let me testify
Oh, hear my prayer tonight, 'cause this is do or die
The time has come to make a choice
And I choose joy
Let it move you, let it move you, let it move you
Yeah, I choose joy
Let it move you, let it move, let it move you

Yeah-eh, back when I was young, my eyes were full of life
But now that I am older, I live at the speed of light

Though I walk through the valley of the shadow of night
Oh, with You by my side, I'm stepping into the light
I choose joy Let it move you, let it move, let it move you

I need that joy, joy, joy, joy
Down in my heart, down in my heart to stay
I need that joy, joy, joy, joy
Down in my heart, down in my heart to stay

And I choose joy
Let it move you, let it move, let it move you
Oh, I choose joy Let it move you, let it move, let it move you

<https://www.youtube.com/watch?v=YGe-I09jItM>

Prayer Leader:

Subhana Graf
10 / 10 / 2023

Printed on 100% recycled paper

Created for Joy



Robert Collins - Unsplash



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

14812 Lake Ave, Lakewood, OH 44107 | 216.228.7451
centeringspacelakewood@gmail.com | www.centeringspace.org

An Interfaith Ministry of the Sisters of Charity of St. Augustine

To Ponder: ~ Hazrat Inayat Khan
The Mysticism of Sound and Music

Love produces harmony
and harmony creates beauty.
Therefore, the chief motto in life is
'Love, harmony and beauty'.
Love in all things and beings the beloved God,
in harmony with all in the right understanding,
and beautify your life by observing the beauty
within and without.
By love, harmony and beauty
you must turn the whole of life
into a single vision of divine glory.

Reminders:

Come on time or **better yet, COME EARLY**
Honor the silence
Share briefly from personal experience
Listen to each other
Discussion (cross talk) is for after the hour of prayer

Reading: ~ Hafiz

I sometimes forget that I was created for joy
My mind is too busy
My heart is too heavy
Heavy for me to remember
that I have been called to dance
the sacred dance for life
I was created to smile . to love .
to be lifted up . and lift others up
O sacred one
Untangle my feet from all that ensnares
Free my soul
That we might Dance
and that our dancing might be contagious.

Sharing...
a word...
a phrase...
a reflection...