### I Am Becoming by The Sound

I don't remember the day I don't remember the place I don't remember the words that were said But I changed, oh I changed

I don't remember the years I don't remember the tears I don't remember the pain That it took me to see, but now I see All that you've done in me

> Hallelujah, I'm not who I was Hallelujah, I'm not who I'll be There's a love that is healing The deepest wounds in me I'm trusting and learning, patient and loving At least I am becoming

I don't remember mistakes I don't remember heartaches But I remember the love that you gave And your grace, oh your grace Look what you've done in me

I will remember your name I will remember you save I will remember that you're still working in me You're working in me, till your will is complete

> Prayer Leader: Carol Kandiko, CSA 10 / 10 / 2023

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# Be Open





Our prayer is characterized by silence ~

## Be still and know that I am God!

In that silence we listen for a new word. God is present in all our lives. God cares for us, and our life experiences are a source of deepening knowledge of God and self.

Inspired by God's Word in the silence we share from our hearts.

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An Interfaith Ministry of the Sisters of Charity of St. Augustine

#### **To Ponder:** ~ Bayo Akomolafe THESE WILDS BEYOND OUR FENCES

Look around you, love. Slowly. Do you notice this sunset? It's the only one you'll ever see.

#### Tomorrow,

you'll see another one when you come to this edge — but then it will be another sunset, incalculably different from the ones you've already seen.

Such is the miracle and wonder of the world. Everything moves, nothing stays or congeals long enough to ever be fixed into being.

Everything is caught in the trance of becoming.

**Reading:** ~ Ted Loder, <u>Guerrillas of Grace</u> Let Something Essential Happen to Me

O God. let something essential happen to me, something more than interesting or entertaining, or thoughtful. O God. let something essential happen to me, something awesome, something real. Speak to my condition, Lord, and change me somewhere inside where it matters, a change that will burn and tremble and heal and explode me into tears or laughter or love that throbs or screams or keeps a terrible, cleansing silence and dares the dangerous deeds. Let something happen in me which is my real self, God.

Reminders:

Come on time or **better yet, COME EARLY** Honor the silence Share briefly from personal experience Listen to each other Discussion (cross talk) is for after the hour of prayer Sharing... a word... a phrase... a reflection...