

Listen Monica Brown

Listen
the voice of your God
is calling.



Prayer Leader:

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YOU ARE
LOVED MORE
THAN YOU
COULD EVER
KNOW



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.

God is present in all our lives.

God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

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An Interfaith Ministry of the Sisters of Charity of St. Augustine

To Ponder: ~ *Rumi, The Guest House*
Interpreted by Coleman Barks

This being human is a guest house.
Every morning a new arrival.

A joy, a depression, a meanness,
some momentary awareness comes
as an unexpected visitor.

Welcome and entertain them all.
Even if they are a crowd of sorrows,
Who violently sweep your house
empty of its furniture,
still, treat each guest honorably.

He may be clearing you out
for some new delight.

The dark thought, the shame, the malice,
meet them at the door laughing,
and invite them in.

Be grateful for whoever comes,
because each has been sent
as a guide from beyond.

Reading: ~ *Edwina Gateley, WHOLENESS*

Gather everything together
like the enveloping dusk.

Welcome it,
delight in it,
dreams and images,
memories, hopes, pains -
Recall -
Relive -
Be-friend.

Let the past surge
forward into the gentle,
welcoming present, and
take each
far-wandered memory
into your bosom to kiss,
caress, and claim your own,
your self.

Befriend,
reclaim your wholeness and
all the fragmented beauty of
who you are.

Sharing...

a word...

a phrase...

a reflection...

Reminders:

Come on time or **better yet, COME EARLY**

Honor the silence

Share briefly from personal experience

Listen to each other

Discussion (cross talk) is for after the hour of prayer