

Take It Easy

Porter's Gate

Take it easy, easy
God already loves you completely
Take it easy, easy
Rest in the shade of His wings

Lay down your burdens and rest for a while
The shepherd who seeks you is gentle and kind
There's nothing to pay for and nothing to earn
And nothing you have to become

Lay down the scales where you weigh out your life
The measures are empty just leave them behind
The distance between His two hands are enough
To tell you the depths of His love

Lay down the armor you brought to the fight
Lay down your weapons and lay down your strife
God's on your side and He won't let you go
He already loves who you are
Won't ask you to be something more

Prayer Leader:

Carol Kandiko, CSA

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We are So Loved!



Alleluia!



Our prayer is characterized by silence ~

Be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives.
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

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An Interfaith Ministry of the Sisters of Charity of St. Augustine

To Ponder: Sarah Bessey
A Reminder

You don't have to be productive and you don't have to change the world. You're already so loved.

You don't have to conform to someone else's ideas of holy or acceptable.

You can be a social justice warrior, or, you know, not.

Your family story can be beautiful or terrible - or, like most of us, a bit of both.

You can doubt or feel great certainty (even if that certainty is in your doubt).

You don't have to love yourself, or even like yourself.

You have nothing to prove. You have nothing to earn.

You are loved with delight and abundance, with choice and desire, with covenantal love.

You may feel it or not.

You are so loved. You are so loved. You are so loved

Reading: Anne Hillman
From Life Prayers

We look with uncertainty
Beyond the old choices for
Clear-cut answers
To a softer, more permeable aliveness
Which is every moment
At the brink of death;
For something new is being born in us
If we but let it.
We stand at a new doorway,
Awaiting that which comes . . .
Daring to be human creatures.
Vulnerable to the beauty of existence.
Learning to love.

Sharing...
a word...
a phrase...
a reflection...

Reminders:

Come on time or **better yet, COME EARLY**

Honor the silence

Share briefly from personal experience

Listen to each other

Discussion (cross talk) is for after the hour of prayer

