

# Humble and Kind *Tim McGraw*

You know there's a light  
that glows by the front door  
Don't forget the keys under the mat  
When childhood stars shine  
Always stay humble and kind  
Go to church  
'cause your momma says to  
Visit grandpa every chance  
that you can  
It won't be wasted time  
Always stay humble and kind

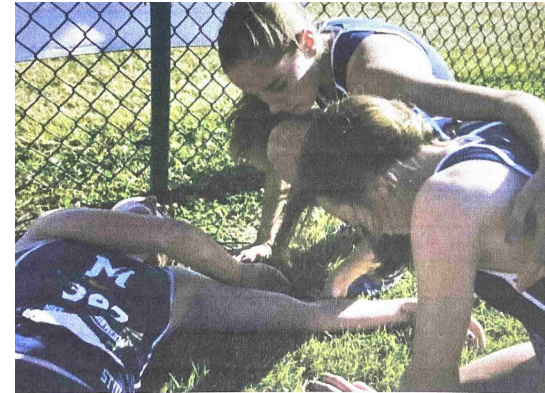
Don't expect a free ride  
from no one  
Don't hold a grudge or a chip  
and here's why  
Bitterness keeps you from flyin'  
Always stay humble and kind  
Know the difference between  
sleepin' with someone  
And sleepin' with someone you love  
"I love you" ain't no pickup line, so  
Always stay humble and kind

Hold the door, say please,  
say thank you  
Don't steal, don't cheat, and don't lie  
I know you got mountains to climb but  
Always stay humble and kind  
When the dreams you're dreamin'  
come to you  
When the work you put in is realized  
Let yourself feel the pride but  
Always stay humble and kind

When it's hot, eat a root beer popsicle  
Shut off the AC and roll the windows down  
Let that summer sun shine  
Always stay humble and kind  
Don't take for granted the love  
this life gives you  
When you get where you're goin',  
don't forget turn back around  
And help the next one in line  
Always stay humble and kind

Prayer Leader:  
Mary Beth Marquard  
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# Boundless Compassion



Our prayer is characterized by silence-  
*be still and know that I am God!*

In that silence we listen for a new word.  
God is present in all our lives,  
God cares for us, and  
our life experiences are a source  
of deepening knowledge of God and self.

Inspired by God's Word in the silence  
we share from our hearts.

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## To Ponder: Joyce Rupp

### *Creating a Way of Life*

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In today's society, it often seems as if cruelty is more extensive than kindness. Our global situation seems broken, wounded, violent, damaged, divisive. Our world desperately needs the noble, essential quality of compassion - to be activated and will not heal without it. Depending on how we respond, we can increase or decrease the amount anguish in our world. Only with compassion at the core of humanity's lived experience will we be able to approach one another with true respect and dwell in peacefulness.

Wisdom people who have helped me nurture my compassion are the Dalai Lama, who said, "In the first step toward a compassionate heart, we must develop our empathy or closeness to others," and Macarina Wiederkehr, "Love is a spiritual practice. It doesn't happen automatically we have to practice loving."

Reminders:

Come on time or better yet, **COME EARLY**

Honor the silence

Share briefly from your prayer experience

Listen to each other

No cross talk during the sharing

## Reading: Nan Merrill

### *from Psalm 51*

Let the nations turn from war,  
and encourage one another  
as good neighbors.  
O Blessed and Compassionate Friend,  
melt our hearts of stone,  
break through the fears  
that lead us into darkness, and  
guide our steps toward the way of peace.

Sharing...  
a word...  
a phrase...  
a reflection...