This Ancient Love
Carolyn McDade

Long before the night was born from darkness
Long before the dawn rolled unsteady from fire
Long before She wrapped her scarlet arm around the hills
there was a love, this ancient love was born.

Long before the grass spotted green the bare hillside
Long before a wing unfolded to wind
Long before She wrapped her long blue arm around the sea
there was a love, this ancient love was born.

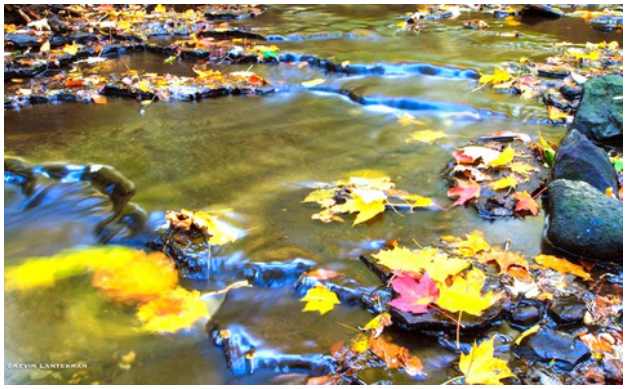
Long before a chain was forged from the hillside
Long before a voice uttered freedom's cry
Long before She wrapped her bleeding arms around a child
there was a love, this ancient love was born.

Long before the name of a God was spoken
Long before a cross was nailed from a tree
Long before She laid her arm of colors 'cross the sky
there was a love, this ancient love was born.

Wakeful our night, slumbers our morning
Stubborn the grass sowing green wounded hills
As we wrap our healing arms to hold what her arms held
this ancient love, this aching love rolls on.

Prayer Leader:
Carol Kandiko, CSA
11 / 3 / 2026

Live Immersed in Mystery



Kevin Lanterrman

Centering Space

Our prayer is characterized by silence-
be still and know that I am God!

In that silence we listen for a new word.
God is present in all our lives,
God cares for us, and
our life experiences are a source
of deepening knowledge of God and self.

Inspired by God's Word in the silence
we share from our hearts.

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An Interfaith Ministry founded by the Sisters of Charity of St. Augustine

To Ponder: Brother David Steindl-Rast
i am through you so i

Prayer in all its forms does not primarily mean asking God for something.... Instead prayer means opening our heart to the Great Mystery - to life, to God. This open confrontation changes us personally and thereby changes the conditions of everything else as well. The smallest changes we make in the great network of the world influences the whole. When we open ourselves to the Divine Mystery in prayer, then we are aligning ourselves to the direction of life.... Life wants aliveness, creativity, change, variety, cooperation; all those things are part of the direction of life; anything that resists those things goes against the grain of life. Life is an expression of the Great Mystery. To live is to be immersed in Mystery, and to live mindfully is to pray.

Reminders:

Come on time or better yet, COME EARLY
Honor the silence
Share briefly from your prayer experience
Listen to each other
No cross talk during the sharing

Reading: Buddhist Teaching
Dhammapada (excerpt)

Better than a thousand useless words
Is one word that brings peace
Better than a thousand useless verses
Is one line that brings joy.
Better than a thousand useless poems
Is one poem that brings love.

One day of contemplation
Is better than a hundred years of thoughtlessness
One day of wisdom
Is better than a hundred years of ignorance
One day of effort
Is better than a hundred years of laziness.

Sharing...
a word...
a phrase...
a reflection...